Don't Let Cold and Flu Season Get You Down!

Nourish your immune system with targeted nutrients and plant derivatives for daily and occasional support.*

Boost Your Immunity With Three Powerful Formulas:

• **Essential Defense** is a time-honored, traditional Chinese formula used to support healthy immune function after sudden changes in weather and with the change of seasons.*

• **ImmuCore** provides a multiple mechanistic approach to support immune system health. This formula features Ultra Potent-C—developed for enhanced cellular uptake of vitamin C—combined with zinc, vitamin D, and a concentrated blend of mushroom extracts.*

• **UltraFlora Immune Booster** provides a blend of highly viable, pure strains of “friendly” bacteria that have been clinically shown to support nasal, sinus, and respiratory health. This formula is backed by the Metagenics ID Guarantee for purity, clinical reliability, and predicted safety via scientific identification of strains with established health benefits.*

Maintaining a strong immune system is key to staying healthy*.

Lifestyle factors, such as poor diet, increased stress, inadequate rest, and lack of exercise can deplete the body’s reserves, causing one to become "run down". Replenishing nutrients essential to healthy immune function can help, as well as ensuring adequate relaxation, sleep and activity level- all associated with wellness and longevity*.

To reorder, call 508-655-9008
Performance Health Center
264 Main St.
Natick, MA 01760

Buy your $74.00 Immunity Kit today and save 15% on all three!

*Available while supplies last